



MaeDay Consulting Services, LLC

Due to COVID-19 and its subsequent health and business challenges, I will be continuing to practice TeleHealth exclusively for the safety of my family and yours until further notice.

With the COVID-19 restrictions, the chaos that our nation, state and specifically Louisville are currently experiencing as a result of racial inequality, police brutality, resultant protests, and as my desire to provide appropriate options for all my clients; I must ensure best practices for effective client care are being utilized and therapeutic decisions are required. To that, I must evaluate all cases for goodness of fit for TeleHealth services and have had to make changes that may or may not impact your family. One of the major changes is that all client cases that were inactive at least 30 days prior to March 13, 2020 and have not made any contact with this office are closed without prejudice.

Cases that have court involvement surrounding children and custody concerns are being referred until further notice. Due to the specificity of these cases and the need to ensure client privacy and confidentiality, I must transfer these more sensitive cases to therapists or practices that have the ability to see clients in person.

For younger clients, continued service via TeleHealth will be evaluated on a case by case basis to again determine goodness of fit. One of the cornerstones to effective therapy when working with children is their privacy and anonymity. My younger clients need to feel secure that their thoughts, feelings and words are private until they are prepared to speak with their caregivers about what they are experiencing and/or communicating with their therapist.

Once we have been cleared of the COVID-19 pandemic and our nation and city have regained some semblance of normalcy, I will return to the office and to traditional therapy where I have more control over the environment. Thank you for understanding. We will all get through this together and it will take each of us doing our part to make our world a better place.

Be Safe, Be Vigilant, Be Active and BE the CHANGE you want to see in YOUR world.

Many blessings,

Enrica Thomas, LCSW/LMFT

Black Lives Matter